

## Coming Up Short - Practice

### From Mat

- Challenge: Rolling to a short jack
- Objective: get your bowls within the grid consistently
- Roll 4 forehand bowls to **15M grid**
- Roll 4 forehands back to the mat
- Roll 4 backhands to **15M grid**
- Roll 4 backhands back to the mat
- Move the grid back to 18M and repeat
- Move the grid back to 21 (or 23M) and repeat
- Start narrowing the grids as you improve. Or start with wider grids if you need to and narrow as you improve
- Total bowls rolled 48

### Game Play

- For each bowl that lands within the grid = 2pts
  - For each bowl that lands either side of the grid (but stays in-bounds) = 1pt
  - For each bowl that is long or short or out of bounds = no points
  - BONUS - Any bowl that ends up on top of the mat coming back = bonus 5pts
  - Any bowl that ends up in the ditch deduct 5 pts
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- You need a mat
  - You need four markers to make a 1m x 1m grid.
  - Place your first grid at an unusually short distance, like 15m, this forces you to make a real delivery adjustment
  - You will move the grid back by 3M increments
  - You are rolling 48 bowls in total which would = 96pts
  - How many points did you get? Keep track of your progress

